

# Beyond Blue and Pink

2024-1-FRO1-KA121-SCH-000204387



Follow us on our adventure exploring gender stereotypes and trying to make a difference



Co-funded by  
the European Union

Erasmus mobilities in Font Romeu, France and Kladno, Czech Republic and collaborative work on the eTwinning platform.



# Erasmus Project

Inclusion and gender equality throughout Europe



## Mobility in Font Romeu, France - Day 1

We met at Terminal 1 of Václav Havel Airport, passed security checks smoothly, and had time to shop before our flight.



## Day 2

The next day, after a delicious hostel breakfast, we toured Barcelona, saw the Sagrada Família from the outside.

# Day 1 – Hello Barcelona!



Our group at the Airport

## 2. 11. 2024

We all met at the front Terminal 1 of the Václav Havel Airport. When everybody arrived, we all started heading towards the security checks and passed them with no issues. After that we had some downtime to shop or do stuff at the airport before our flight.



The girl showed their music talent.

Saturday at the airport. For one of us it was the first time travelling by plane and for a few of us it was after a long time.

At the airport is a piano so the girls showed their music talent. Downtime has passed and the gate opened for flight. All of us passed through with no problems, even though some of us feared that our bag won't fit the baggage size limit.

We successfully boarded the

plane and took off to Barcelona.

In about 2 hours we landed at Barcelona-El Prat Airport. We get out of the plane and headed to our bus ride going to Barcelona. Lucky for us, the bus wasn't full and we had a comfortable ride to our hostel for the night.

When we arrived, we checked in the hostel and dropped of our bags off. We had free time, so we went out to dinner and a shopping spree.

# Day 2 – Bye Spain, hello France!

3. 11. 2024

The next day we woke up, had some delicious breakfast in the hostel and went for a small tour of Barcelona. We walked for about 1 km to see the world-famous Sagrada Família, but sadly didn't get to see the inside of the church. From there we took the metro to the historic centre of Barcelona.

There we walked through the picturesque streets and ended at the local beach. Enjoying the view of the sea, we slowly headed to the bus stop that would take us back to the hostel to pick up our baggage.



Sagrada Família - Barcelona



The sea had a longer tide than we thought which made up for a funny situation.

Then we left to take the metro that would take us to our train station from which we took the train to Puigcerdà. We managed to catch the train to Puigcerdà, the train ride took never-ending three hours to get to our destination. After those 3 hours we finally arrive to Puigcerdà where we were picked up and driven across the border to our hotel in Font-Romeu.

# Day 3 - Font Romeu

4.11.2024, Monday



Inclusion - in museum without walls



Group photo in front of the forest



Getting to know each other

We met French students and got a programme for the week with all the activities.

Then we played “Ice breakers “ (which is a game where you write 3 original questions and then you ask students from the other country for an answer – like that we started to know each other).

After that we presented our prepared presentations about our school, city, region and country. We also had some snacks and after all

this, we had lunch at the school cafeteria.

After lunch we were working (in international teams) on a logo and title for this project. When we finished it, we went to the “museum without walls” (it is a museum in a local forest). Then we went to the hotel (Czech students) and after a long day we had dinner in a nearby pizzeria.

# Day 4 - Font Romeu - school

On Tuesday, when we arrived at school, we started to talk about prejudices against both genders. We watched a video called "Run like a girl". The video showed us that we live with prejudices that we need to get rid of. Or we need to change them into positive messages. We discussed the video. Then we had to form groups to work on a screenplay of a similar video. It could be about prejudices against men, women or both genders and how we can stop them. We are going to stay in these groups throughout the project and when we meet again in the Czech Republic we will start filming.

That same morning, a teacher took us on a tour of the local sports grounds. We were amazed at the size and facilities of the sports grounds. It's much bigger than ours. The school has two swimming pools, an athletic stadium, a climbing wall, several gyms and weight rooms. The Olympic athletes train for the games. We took a photo with Phygis, the mascot of the summer Olympic Games in Paris. We walked through the sports grounds and listened to a story about the history and achievements of the school.



Font Romeu - activities

A bit tired, we went to lunch and then we had a rest.

In the afternoon we went on a tour of the nearby fortress, a UNESCO Heritage Site. There we were given worksheets and walked around the fortress in groups with a time limit to find details of buildings and statues that were on the worksheet.

Then we had a guided tour of the fortress. We learnt from our guide that it was a military barracks that is still in use today. It was built under Louis XIV when he acquired new territories. The fortress is in the mountains but close to the sea. We learnt a lot about the history of the place.

In the evening, we went to the French students' houses for dinner. We were divided into two groups of girls and one group of boys. For dinner we had a traditional French dish called raclette. And then each group had a dessert - tiramisu, puff pastry with fruit and rice with milk. We really enjoyed the food and talked to the students and their families.

After dinner, we played board games together. We really enjoyed the evening and deepened our emerging friendship.

# Day 5 - Font Romeu

Wednesday, 6 November

We spent the morning around a map of Europe. We were matching the capital cities and flags with their corresponding countries. We were introduced to Aurora who is a student from Spain who is volunteering for the Europe Direct Association to raise awareness about the European Union at schools.

Afterwards, we were given posters with symbols, data and pictures important for each country in Europe and we were supposed to find a matching pair with another student. We were divided into pairs, introduced ourselves to our partner and then we introduced the person to the crowd.

After that, we presented our countries by

projecting on the board the posters I mentioned before. We spoke about our traditions, our cuisine and other important parts of our culture.

As soon as both of the countries were presented, we moved on to a music quiz. We were supposed to guess what European language the song is sung in.

After the quiz, we watched a presentation about women's rights and how they've evolved.

After lunch, we went on a trip to a city on the Spanish side of the border: Puigcerdà. We visited the lake and fed some swans, took some funny pictures (even the teachers took one).

When we got to the square, we were allowed to explore the centre of the city by ourselves. Many of us went shopping and some of us went to explore the city. In the end, all of us ended up on the same playground.

We finished our trip at a cosy Spanish restaurant for dinner. We had some delicious tapas for example: bread with tomatoes, cheese, fried calamari, patatas bravas, cured ham and lemon ice cream for dessert.



Symbols, data and pictures important for each country in Europe

# Day 6 - Finish activities

Thursday 7th November

At nine o'clock we had our first activity of the day regarding the timeline of women's rights in our countries. We matched events (like when women got the right to vote) with the corresponding data.

After the coffee break, we worked in groups and started creating scenarios for the videos to raise awareness about women rights among our peers. Then we went to the school canteen for lunch.

After lunch we discussed the online activities that we are planning to do. Then we had a closing ceremony in which all the students got a certificate that they participated in Erasmus. We also took some photos and talked about the feedback on this project.

We finished our last day by a visit of Hermitage Chapel in which we had a guided tour. We learned about its history, local importance, artistic value. After the tour, we said goodbye to the French students and went to the hotel.

The weather was chilly, we packed our luggage, some of us went shopping or just took a rest after a long day. Our last dinner in France was at a burger restaurant and we enjoyed a great burger.



# Day 7 – Departure

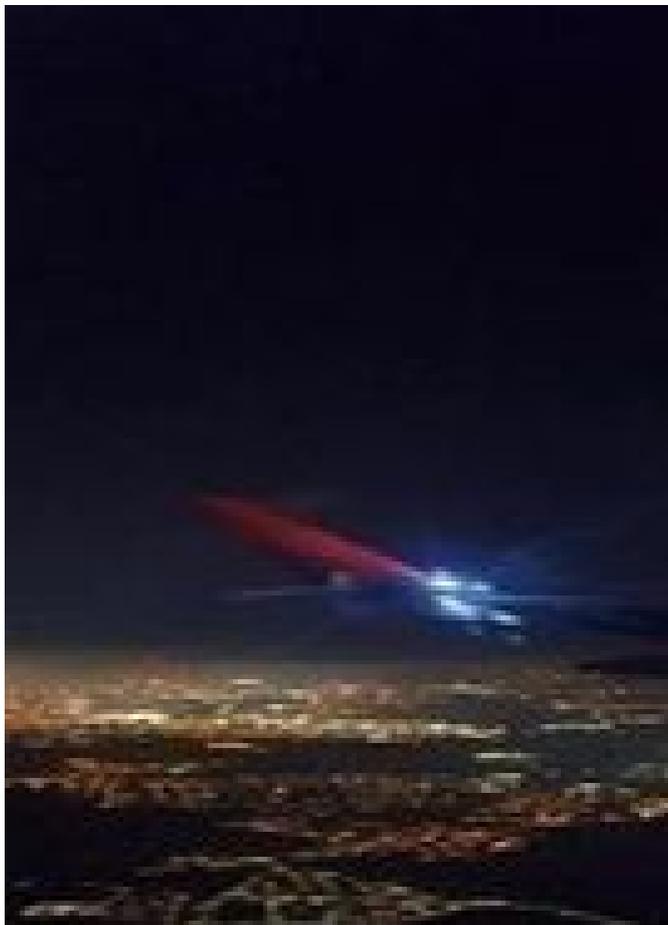
9. 11. 2024

We said our goodbyes to Font-Romeu and left on a bus to Puigcerda where we would catch our train back to Barcelona. After 3 hours we arrive at the airport. We had about 5 hours of free time before our flight home.

Most of us just went to the local fast-food restaurants for lunch. When the gate to our flight finally opened, we boarded the plane, took off and said our final goodbyes to the lit-up Barcelona.



At Barcelona airport



Lovely view of Prague during nighttime from the sky. You can also see a thick fog over the city.

## Back in Prague

After about 2 hours we land back in Prague and that would mark the end of our whole trip to France and Spain.



# Creating collaborative videos

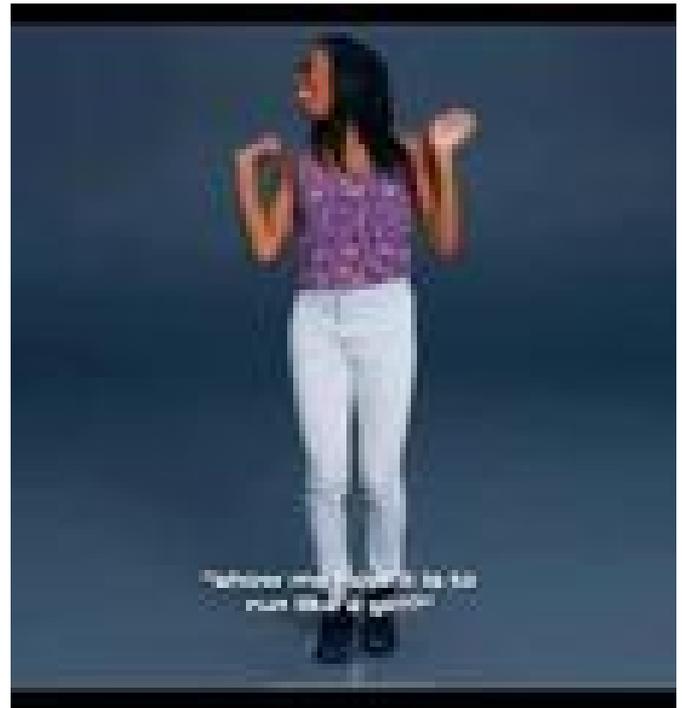
## An awareness-raising campaign to change the way young people see gender stereotyping and prejudice

Inspired by a video called "Run like a girl" and presented at the Cannes Ad Festival in 2015 which focused on turning the phrase "like a girl" from an insult into an empowering idea, we decided to get to work in small groups and to come up with creative ideas to make our own videos that will be broadcast in our schools to reach all of our classmates.

We split in 5 international teams and each team worked online, to define the script, the plot, the characters, the props and the music we might need. We also decided who is in charge of recording, editing, the light and many other details.



Can we change mindsets? Let's make it happen!



Still from the video "Run like a girl"

### Organising our work online

Each team has a page in our Twinspace where we can share our thoughts, post pictures and comments, ask questions and get feedback from the others. Some of us forget how to log in on eTwinning, but the teachers help us with tutorials 😊😊

In order to involve our classmates and get the whole school to participate in our work, we prepared posters that advertise our upcoming videos. We thought of a slogan contest, all the students in our school are invited to suggest a slogan or a short text suitable for our posters.

# Our posters



*These posters are meant to advertise our upcoming videos, they have been created online in international teams. We want to involve our schoolmates, by organising a slogan contest.*

Saul, Nicola, Ben and Mat's team

In this team, the boys decided to work on the following stereotype: villains in the movies are always male.

Saul thought of a variation on the same topic: why are heroes in the movies almost always male?

Naty, Anezka, Léonie and Ona's team

The girls' group wanted to work on the image of women in sports and to show that women are as capable as men. Their poster shows a determined woman running and winning a race, ahead of several men.



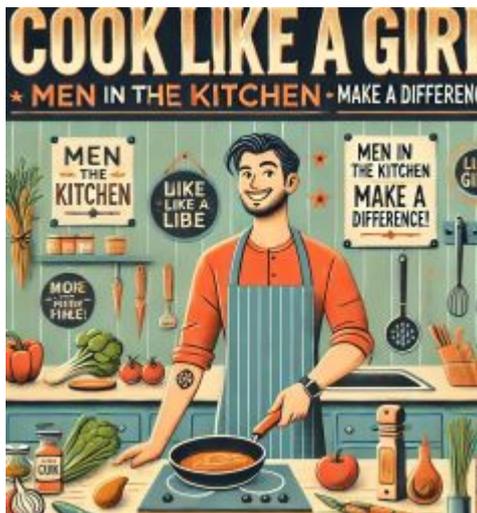
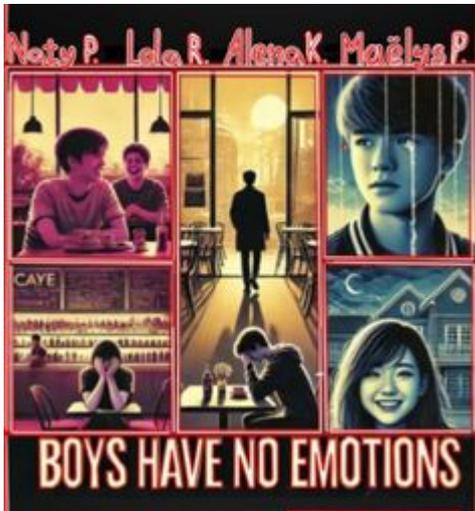
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# Our posters

## Advertising our upcoming videos



Naty, Alena, Maelys and Lola's team  
The girls decided to work on a different stereotype: people think that girls are more sensitive than boys and that boys do not actually have any emotions.

They are going to explore how different people react after a breakup, regardless of their gender.

The idea behind their short video is that emotions are not a thing to be ashamed of and they should be acknowledged and expressed freely.

Lucas, Jacob, Lucas and Pol's team  
The boys were quite inspired for a second poster, showing that "girly" hobbies could actually interest men also. Why couldn't men love football and knitting at the same time?

Is there a rule assigning different hobbies to girls and boys or are we allowed to make our own choice depending on what we are really passionate about? So sure, their poster is funny and makes us laugh and think.

Lucas, Jacob, Lucas and Pol's team

The boys in this team wondered if men could cook or take care of the house. We often think that they can't really do it, because they don't know how or are not skilled enough. But is this true?

# Our posters

## Advertising our upcoming videos

### **Mirka, Emma, Malia and Silvia's team**

The girls' team imagined men and women switching traditional roles: what if a man working as a mechanic could also do the laundry and take care of the children when he gets back home from work?

What if a girl could cook, and then get ready to go to work and ace it as a CEO of a big company?

Anyway, it all seems right, doesn't it? Because activities do not have a gender, both men and women can do whatever they want to do, regardless of other people's opinion and regardless of traditional roles.

Our society is evolving and changing and so should our mindset.

*We hope students in both partner schools will be inspired by our posters and will participate in our slogan contest, helping us to make a difference.*



# Erasmus mobility in Kladno

## Monday June 9th-visiting the Czech school

We started the day visiting the Czech school. They showed us the different sports and education facilities.

The school was big and very different from ours. The building looked new and full of art and sport trophies.



# Visit of Kladno

## Day 1



We visited the town of Kladno with our Czech partners. During the walk, we passed by the athletics track, the swimming pool, and the football stadium.

where bears live in an enclosed space, but unfortunately, we didn't get the chance to see any. The visit ended at the main square and along the town's main street.

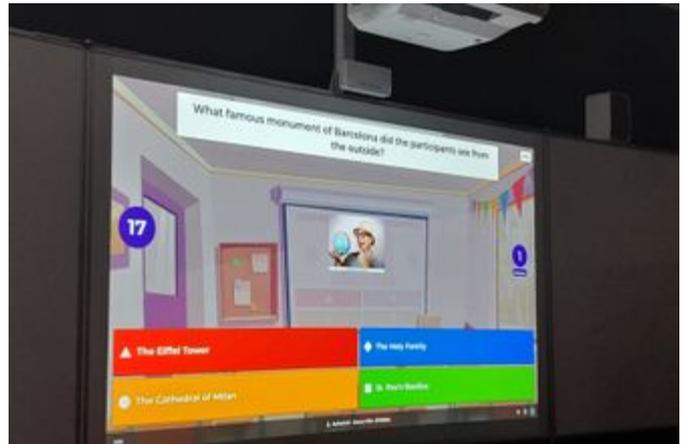
Then they took us to a park



After that, we returned to the hotel to drop off our belongings, before heading out again—just the French group this time—towards the shopping mall. We had two hours of free time there, and then we had dinner together at the mall.

## Kahoot

After we have visited the school we played a kahoot with questions that the French students did with the text created by Czech students about their stay in France.



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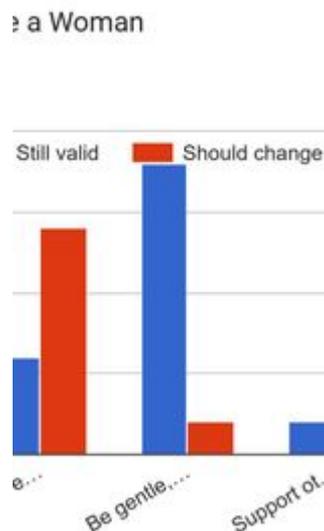


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This allowed us to link all the work and activities we had in France to this week of activities in Kladno.

## Survey about gender roles

After that we took a survey about gender roles at work and prejudices: we had to decide if different jobs were for men, women or both.



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Lorem laboris duis amet quis esse excepteur veniam. Fugiat Lorem amet.

Then we were given a list of traditional expectations often associated with each gender and we had to decide which were still common and which should be changed.

# 9/06/25-10/06/25



09/06/25

Today we filmed some videos about gender equality or prejudices against men and women. We worked in groups of four, in international teams, we filmed them at the school, in the forest. These videos made us think, and use English, we used it to communicate and in the script of the videos. We first started the scripts back in France, and discussed about them the following months until we arrived here. Some of the students filmed some parts of the videos at home or in their schools and when they got together they edited the videos.

10/06/25

Today we've watched a video about self-esteem, it consisted in an artist that couldn't see the person he was talking to, and that person had to describe herself, after that another person came to describe that same woman, and at the end we saw that the image that the person described was nicer than the one in which the woman described herself. We also filled up a form about stereotypes and self-esteem, there were four questions and we needed to answer them with our own words.



## Back to back, describe ourselves and draw

Today, first we did an activity where we were in pairs back to back and each one had to describe themselves and the other one had to draw this description.

We did that to realize that we always put ourselves down and focus on our defaults when others don't necessarily see them.



# Discussion & comics



## Day 2 - discussion about gender-based violence or discrimination, scenarios & comics



We began by talking together, then answering questions about gender discrimination and violence in pairs, mixing boys and girls, using a Google Forms questionnaire.

We then wrote down other somewhat similar questions on a sheet of paper, which led us to create a scenario for a comic strip.

In this scenario we had to imagine a situation where gender influences everyday life and self-esteem. To do this, we had to invent a short story with an introduction, an important moment (an adventure), then an ending that could be either positive or negative.

**TUESDAY 10/06/2025**



## LANY CASTLE



To finish the day, we visited the Lany castle where the president comes on vacation. It's very old and beautiful. Almost all of its furnitures are made in Czech Republic. We also visited its chapel which

was in the gardens. We had an amazing guide who only spoke Czech so a Czech teacher translated everything. It was very interesting and we loved its architecture and decorations, in particular the garden and the flowers.

# Dinners with the families

## Tuesday night June 10th

### Maelys and Lola:

We had a really nice evening with the family. We had dinner at Alena's house, together with Naty. We got to try several Czech dishes, as well as some French food we already knew, like tomatoes or pasta with chicken. For dessert, we had strawberry dumplings, which were delicious, and also some banana bread. The family who welcomed us was very kind. Alena's mom had prepared the meal, and her cooking was really good. We truly enjoyed it! After dinner, we played games with Naty, Alena, and Alena's sister. We played a game of bingo in English, then played the Czech version of little horses. We laughed a lot and had a great time. At the end of the evening, Alena's dad drove us home. Before leaving, we of course thanked the family for the wonderful meal.



Pol and Lucas: In the afternoon, we went at Tony's home for dinner. First, we played rugby and baseball in the garden. After that, we ate with Tony and his family. They prepared diverse traditional Czech dishes: mashed potatoes, schnitzel, a cucumber soup, and for dessert, we ate cookies and cakes. Finally, we played video games, and they took us back to the hotel.



### Nicolas and Saul:

We had dinner at Lucas's house, we met his mother and his brother. We ate some typical Chzek food, while we were listening to music. After having dessert, we played basketball in Lucas's yard, we had a lot of fun. After that Lucas's mother prepared a chicken on her barbecue, yes after dessert, but still very good. Finally we played in the yard waiting for Jacob's father to bring us to the hotel.

### Silvia, Ona, Malia:

The dinner was amazing. We were Mirka's house which was beautiful. Her parents were charming and really friendly. Her mum and grandma cooked the meal which was some traditional Czech dishes that were way better than the canteen ones. Afterwards, we played some question games together and we laughed a lot. We had so much fun and we look forward to do it again.



# Prague visit

We went to Prague Castle with the Czech students. It was a really interesting visit. We saw the guards in front of the castle.



Caption Lorem laboris duis amet quis esse excepteur veniam. Fugiat Lorem amet.

At the end, we looked at the city from the top of the hill. The view was amazing. I really enjoyed this trip.



Caption Lorem laboris duis amet quis esse excepteur veniam.

During the time off we also visited the armoury. It was one of my favorite parts of the visit. The armoury is a place where old weapons and armors are displayed. We saw swords, helmets, shields, and old guns. Some armors looked very heavy and strong. It was interesting to see how soldiers used to fight a long time ago. The castle courtyard and the armoury helped me imagine what life was like in the past. It was really exciting and fun.



Caption Lorem laboris duis amet quis esse excepteur veniam. Fugiat Lorem amet.

# St Vitus Cathedral



We explored St. Vitus Cathedral, an iconic site dedicated to Saint Wenceslas and Saint Adalbert. Inside, it houses the precious crown jewels of Bohemia: the Crown of Saint Wenceslas, the royal scepter, and the coronation cloak.

These treasures are kept in a secure chamber, protected by a door with seven locks, each held by a different high-ranking official including the President of the Republic and the Prime Minister. Opening the chamber requires the presence of all key holders, and only the president can authorize their public display, which happens only on rare, special occasions.

The cathedral is also notable for its magnificent stained-glass windows, some of which were created by the renowned artist Alfons Mucha. It was for centuries the coronation site of the kings of Bohemia, and within it lies the solid silver sarcophagus of Saint John of Nepomuk, a true masterpiece of Baroque art.

Outside, the façade features unique gargoyles and two statues: Saint Wenceslas on the left, and Saint Adalbert on the right. The cathedral's construction took nearly 600 years, a reflection of the region's rich and complex history.

In short, the cathedral was magnificent, and the visit was truly enriching.



# Visit of Charles Bridge

11/06/25

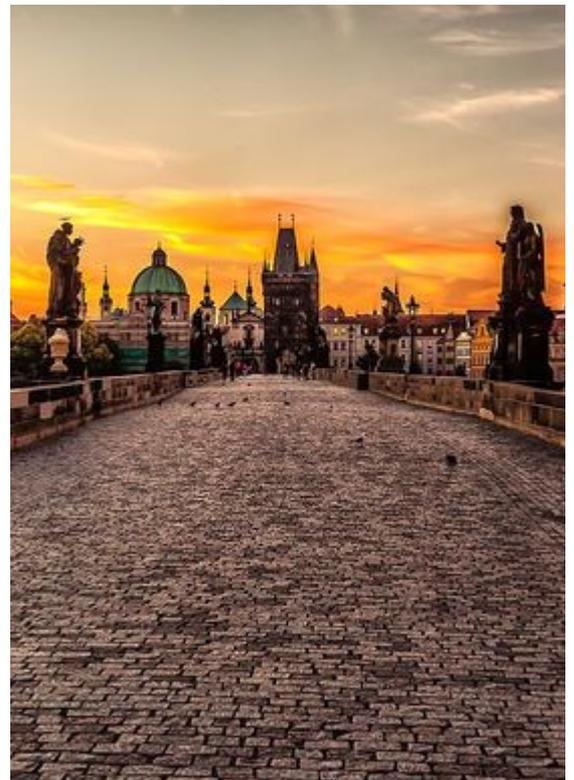
Today we visited Charles Bridge. This is an old bridge that crosses the Vltava, a large river. It links two of the city's most important districts.



Charles Bridge was built a very long time ago, in the 14th century, when King Charles IV ruled the country. It is around 500 metres long and is supported by several large arches. Thirty statues line the length of the bridge. They mainly represent saints. The most famous is that of Saint John Nepomuk. Legend has

Walking across the bridge, I enjoyed a superb view of Prague Castle and the colourful houses lining the river. There was plenty of entertainment too: musicians, painters and souvenir sellers.

Charles Bridge is much more than just a place of passage: it's a site steeped in history and culture.





## **The Prague astronomical clock**

We visited the Astronomical Clock in Prague. We watched the little show that happens every hour, with the figures moving and the Apostles coming out. It was really cool to see how the clock works, even though it's super old. We also learned a bit about its history and why it's important in Prague.

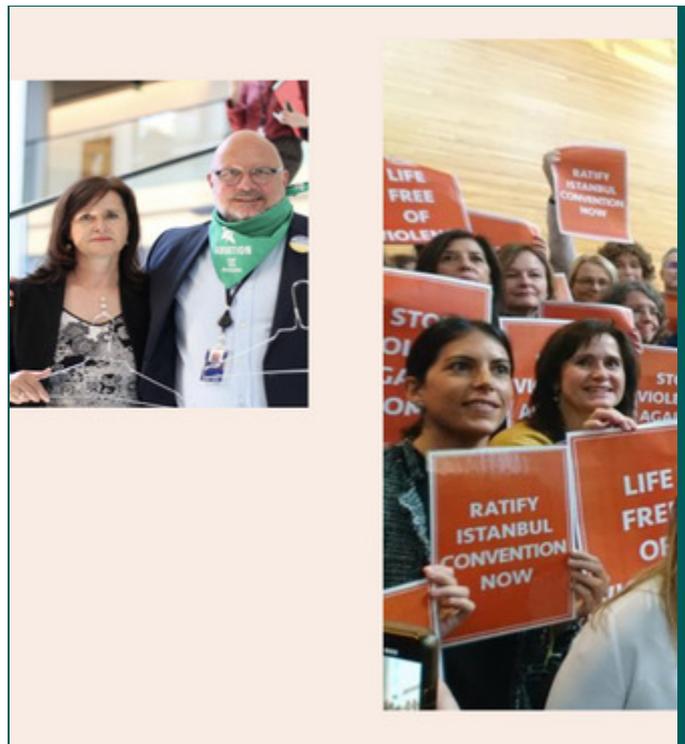
# Gender-Based violence



Caption Lorem laboris duis amet quis esse excepteur veniam. Fugiat Lorem amet.

This presentation explores the prevalence, impact, and societal perceptions of gender-based violence (GBV), emphasizing that it is not solely a women's issue but a societal one requiring the involvement of all genders. It also highlights recent EU legislative efforts, such as the 2022 Directive and the Istanbul Convention, aimed at combating GBV and supporting victims.

This was presented by Radka Maxová. Radka Maxová is a Czech politician who served as a Member of the European Parliament (MEP) from 2019 to 2024. She has been actively involved in gender equality issues, serving as Vice-Chair of the Committee on Women's Rights and Gender Equality, and is affiliated with the Czech Social Democratic Party. We learnt a lot and decided to make a short guide for future voters at the European elections.



Caption Lorem laboris duis amet quis esse excepteur veniam. Fugiat Lorem amet.

## The Pay Gap

Women earn less than men for doing the same thing

## Housework Problem

Men have two jobs: work and at home only have one  
 $2 \neq 1$



## Job Stereotypes

Few women in STEM (Science, Technology, Engineering and Mathematics), few men in care  
Let's mix it up!



## Gender Stereotypes

Gender stereotypes are still common nowadays. Let's change it!



## Gender-Based Violence

1 in 3 women face gender-based violence or harassment. Penalties must be higher. Law must be stricter.

To sum up all the work done throughout the project and during this week in Kladno, students discussed key issues related to gender equality in Europe, including the unequal distribution of housework, job and gender stereotypes, the leadership gap, gender-based violence, and the gender pay gap. It advocates for equal rights, responsibilities, and opportunities for both women and men in all areas of life. They made infographics about these topics.

Students also got the chance to finish the comics about overturning stereotypes that they had started in pairs. And finally, after the discussion with Mrs. Radka Maxova, former EU Parliament member, the students and teachers involved in the project created a short guide for future voters, since the next European elections will take place in 2029 and since the students currently participating in the Erasmus project Beyond Blue and Pink will be old enough to vote.

# Gender Equality Shared Fight Women's Issues

● **Everyone Should Care**

Boys and men play a key role in  
Their support and solidarity

● **Parents Shape the Future**

Teach sons the value of respect  
responsibilities at home and

# Quality: A Not Just a ue

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# Beyond Blue and Pink



**Caption** Lorem laboris duis amet quis esse excepteur veniam. Fugiat Lorem amet sint.

## The end of our week in Kladno



**Caption** Lorem laboris duis amet quis esse excepteur veniam. Fugiat Lorem amet sint.

## Dinner together on Thursday

On Thursday evening we went to a traditional restaurant, the Letná Restaurant, with our partners Czechs. We ate traditional Czech food like bramboráky and korenene cervene zeli se svestkami.

On Friday morning, we came to class and started the day with a quiz. It was about everything we had done during the week. There were also some questions asking what we thought about the project and what



**Caption** Lorem laboris duis amet quis esse excepteur veniam. Fugiat Lorem amet sint.

## Friday morning, June 13th

After that, we put up the comics we had made during the week, along with our pictures and slogans. The classroom looked really nice with all our work on display.

Then, another class came to visit. We explained our project to them from the beginning and showed them the stories we created with the Czech students. In the end, they voted for their favorite comic and their

13/06/2025



### Back to Prague

This evening, we visited a museum of optical illusions. It was really interesting! There were paintings and special structures inside which we could enter and take photos. The photos gave the impression that we were flying, falling or swimming, and that we were very big or very small. It was great fun and very surprising.

Then we ate Italian food. I had pasta, it was delicious. Then we went to a light show. There were people dressed up, bright lights and colourful effects.

It lasted about an hour.

During the show, large fake spiders moved above the crowd. We also played with balls and glow sticks. It was a fun and special evening!



# SATURDAY 14/06/25

## TREASURE HUNTING IN PRAGUE

For our last day in Prague, we started the morning with a really fun activity: a treasure hunt around the city. A friendly lady explained the rules and splited us into two teams.

The goal of the game was to visit different buildings or landmarks shown on a map and answer questions related to each location. Each correct answer earned us a certain number of points, depending on the difficulty or importance of the site (statues, churches, historical buildings, etc.). We had 1 hour and 15 minutes to collect as many points as possible.

It was both educational and fun, we got to explore parts of Prague while playing a game. At the end of the time limit, the winning team was made up of Ona, Silvia, Maëlys, Nicolas, Saul and Miss.Couason! They won some delicious Czech chocolates, a great souvenir to end our trip!



# Saturday 14/06/2025

We went on a cruise and had a great meal on board with the group and our two teachers, and there was a great buffet with lots of various dishes. An accordionist played live music during the 2-hour cruise. The view over the water and the monuments was impressive, we particularly liked the dancing house, with its modern architecture. We also went under Charles Bridge, on the way out and back. We went through the lock twice. It was very beautiful and we were able to take some great photos on the second floor of the boat.



